



**PACIFIC CORINTHIAN YOUTH FOUNDATION**  
2600 S Harbor Blvd, Oxnard, CA 93035  
Tel: (805) 974-0059  
Federal Tax ID#: 77-0312074

## *Pacific Corinthian Youth Foundation 2026 Summer Sailing Program Guide*





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## **2026 Summer Sailing Program Guide**

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## Pacific Corinthian Youth Foundation

The Pacific Corinthian Youth Foundation (PCYF) is a 501(c)(3) non-profit charitable organization that sponsors and instructs youth sailing in Channel Islands Harbor. PCYF was founded in 1992 by members of Pacific Corinthian Yacht Club (PCYC) and uses part of the grounds and the guest dock at PCYC to host its Summer Sailing Program. PCYF’s fleet includes Laser Picos, Optimists (“Optis”), Lasers, Flying Juniors (“FJs”), Picos, 420, and 470.

Goals of the program are to develop good sailing and seamanship skills, self-confidence, water safety awareness, and sportsmanship, while having fun and learning a potential lifetime sport. PCYF serves all of Channel Islands Harbor and its surrounding communities. The Board of Directors currently comprises representatives from Pacific Corinthian Yacht Club, Channel Islands Yacht Club, and Channel Islands Women’s Sailing Association with support from Anacapa Yacht Club, which hosts Thursday night races and postrace barbecues. The PCYF program is supported by grants from the California Division of Boating and Waterways as well as private donations and course enrollment fees.

## Registration for the Summer Sailing Program

- Sailing instruction is open to all interested 8 -18 year-olds who can pass a simple swim test (swim laps in a pool, tread water, and put on a life vest while in the water).
- Online Registration is available at <https://www.pcyfsailing.org>.
- Instruction at Skill Levels 1 – 4 will be available each week.

Skill Level	Prerequisites
1 Beginner	8+ years old*, able to swim, no prior sailing experience
2 Advanced Beginner	8+ years old,* completed Level 1 or equivalent
3 Intermediate	Typically 10+ years old, completed Level 2 or equivalent
4 Advanced	Typically 13+ years old, completed Level 3 or equivalent

\*At least 8 years old in 2026, ie, born on or before 12/31/2018

- **Enrollment fees are \$400 per week for the first student-week and \$375 for additional students/weeks from the same household, payable *with no additional transaction fees* via Zelle, personal check, or cash. Credit cards will have a 3% fee. When available, early bird or other discounts will be noted in the online documentation or registration form.**
- Details regarding payment and scholarship requests will be provided in the online enrollment form.



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- Students may enroll for multiple weeks as space permits and the Student continues to demonstrate good attendance and behavior
- For more information send an email to [pcyfsailing@gmail.com](mailto:pcyfsailing@gmail.com).

### **Cancellation Policy**

If you must cancel, please let us know by email at [PCYFsailing@gmail.com](mailto:PCYFsailing@gmail.com) or by phone at (805) 974-0059. Staff scheduling is based on the number of Students registered for each week, and places held for late cancellations and no-shows are difficult to refill on short notice.

Refunds are issued according to the following schedule: Cancellations made 30 or more days before the scheduled week receive a full refund. Cancellations made 15–29 days in advance receive a 75% refund. Cancellations made 8–14 days in advance receive a 50% refund. No refunds are available within 7 days before the first day of the session. If the program must cancel a session due to weather, safety conditions, or other unforeseen circumstances, families will be offered the option of rescheduling or receiving a full refund. Transfers to another available session may be possible on request, depending on space and staffing.

<b>Cancellation Date (Days before Session Start Date)</b>	<b>% Refund</b>
≥ 30 days before	100%
≥ 15 - 29 days before	75%
8 - 14 days before	50%
≥ 8	None



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## **Beginning Sailing**

The primary focus of the Beginning Sailing course is to develop good safety habits as the Student learns the basics of handling a small boat in mild wind conditions. Instructors monitor that students are appropriately dressed, hydrated, and protected from sun exposure.

- New Students begin with a simple swim test in the PCYC pool
- Students learn to sail in pairs on Laser Picos and Optis until they are ready to sail solo
- Wearing a PFD becomes an automatic all-day routine
- Righting a capsized dinghy and recovering an item from the water become second nature
- Students learn how to *avoid* capsizing and collisions
- With improved boat-handling skills students build their self-confidence
- They learn basic Rules of the Road on the water and local hazards
- They learn how to:
  - Rig and unrig a Laser Picos and Opti
  - Tie important knots
  - Tack and jibe
  - Identify wind direction
  - Get out of irons
  - Sail upwind and downwind
  - Steer on all points of sail
  - Depart from and return to the dock
  - Stop the boat
- For fun and enhanced learning, the Beginning Sailing curriculum will include:
  - Boating safety-related STEM/STEAM learning, such as wind direction, wind speed, and buoyancy
  - Other boating and non-boating learning games may be part of the students day.

Most Students require longer than a week to master Beginning Sailing skills and may repeat this course if desired.



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## **Advanced Beginner Sailing**

The Advanced Beginner Sailing course builds on the Beginning Sailing course and reinforces its good safety habits, basic sailing knowledge, and boat handling skills. Students will continue to sail in Laser Picos and Optis as they learn new techniques for broader wind conditions (>15mph).

As the wind increases, simple maneuvers - such as, tacking and jibing, righting a capsized dinghy, recovering an item from the water, and controlling boat speed when docking become much more difficult, and the Students' actions must be executed more quickly and precisely.

For fun and enhanced learning the Advanced Beginner Sailing curriculum will include:

- o Boating safety-related STEM/STEAM learning, such as weather signs, water conditions, and collision avoidance
- o Other boating and non-boating learning games may be part of the students day.

Most students require longer than a week to master the Advanced Beginner Sailing skills and may repeat this course if desired.

As they near mastery of Advanced Beginner skills, a few Advanced Beginner Students may be invited to participate in Thundering Thursday Evening Racing. See page 9 for more details.



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## **Intermediate Sailing**

Intermediate Sailing is for Students who are ready to expand their sailing knowledge and experiences on other types of boats and a variety of wind conditions. Intermediate Students learn more about:

- The combined influences of wind, current, and waves
- Tactical awareness of wind shifts, other boats, current, and identifying laylines
- Use of all available controls for proper sail and boat trim
  - Sailing to windward, on a reach, and downwind
  - Sailing a Laser, or Opti on their own
  - Skippering or crewing on an FJ or Laser Pico
- Introductory dinghy racing
- Navigational aids
- Distress signaling
- Boat maintenance
- Knots

The Intermediate Sailing course provides the Student with the additional knowledge and skills needed to handle a small boat safely and efficiently alone.

Most students need longer than a week to master Intermediate Sailing skills and may repeat this course if desired.

Intermediate Sailing Students may be invited to participate in Thundering Thursday Evening Racing. See page 9 for more details. A few Intermediate Students may be considered for future Assistant Instructor (“Point 5”) status.



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## **Advanced Sailing**

The goal of the Advanced Sailing curriculum is to build on Students' previous good safety habits and small boat handling skills, introduce them to sailing different and more competitive boats, and prepare them to teach others and become an Assistant Instructor/ Instructor in the PCYF Summer Sailing Program.

In this course Students will:

- Sail more competitive small sailboats, such as 420 or FJs and Lasers
- Learn about more complex STEM concepts -- aerodynamics, hydrodynamics, heel control, sail shape and controls, as well as the combined influences of wind, current, and waves -- by seeing and feeling their effects on boat speed and heeling angle in real time
- Learn more about weather, basic local navigation and navigational aids, distress signaling, and boat maintenance.
- Advanced Sailing Students have typically excelled throughout their Beginner, Advanced Beginner, and Intermediate Sailing course work. Most want to sail faster, and some want to prepare for local, collegiate, and national sailing competitions.

This course includes a limited introduction to sailboat racing as a "Boating-Related Learning Game." Racing creates opportunities for Students to:

- Understand the rules of the road through the Racing Rules of Sailing
- Develop more precision in their boat handling skills during a race start, mark rounding, and finish
- Optimize sail trim - on their own or by copying a faster boat
- Continue to develop their tactical awareness of wind shifts, current, and laylines

Students may repeat this course if desired. Students may be invited to participate in Thundering Thursday Evening Racing. See page 9 for more details.

Advanced Sailing graduates may choose to teach small boat sailing, pursue dinghy racing or daysailing, learn to sail or race bigger boats, multihulls, and perhaps become a lifelong sailor, long-distance racer/cruiser, or a marine industry professional, sailmaker, or sailor.



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## Daily Preparation

For safety and comfort on and off the water, we recommend that Students bring the following items to class every day:

- Personal floatation device (PFD), non-inflating, inherently buoyant vest-type<sup>1</sup>
- Hat with tether
- Sunglasses, with a tethering system, such as “Croakies”
- Sunscreen, waterproof and SPF15 or greater
- Non-slip water shoes or sandals **with toe protection**
- Personal water bottle with plenty of water
- Lunch and snacks for all day; pocket money for donuts or pizza purchase
- Quick-dry, sun-protective shirt and shorts/pants
- Towel and extra set of clothes (Students get wet!)
- Medications, if any, with written instructions provided to the Instructor
- Any other personal needs

All personal items should be labeled with the Student’s name. Students are responsible to dispose of their own trash and reclaim their personal belongings each day.

On their first day, Beginning Students may also wish to bring a bathing suit for the swim test in the PCYC pool. A towel and change of clothes are also nice for all to have after sailing all day.

To better prepare our Staff and Students for any emergency, surprise drills of the PCYF Emergency Action Plan may be held during the season. Students will be informed whether emergency activities are a drill or a true emergency.

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<sup>1</sup> A limited number of daily/weekly loaner PFDs may be available



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## Lunch

Students should bring their own water bottle, drinks, lunches, and snacks for all day in a “sea-gull proof” container, such as a cooler bag or zippered pouch.

On occasion, Instructors may announce plans for the group to sail around the harbor for pizza or donuts. Students who wish to participate should sign up and give their money to the Lead Instructor at morning check-in **before** leaving the dock.

## Daily Schedule

Students are expected to check-in at the entry gate (to the left of PCYC’s front doors) between 8:45AM and 9:00AM, Monday - Friday. They will break for lunch around noon and be ready for check out and pickup at 4:00PM.

### Typical Daily Schedule

8:45 - 9:00AM	Check in, stow gear
9:00 – 9:15AM	Daily briefing, warm-up exercise
9:15 - 10:00AM	“Chalk talks” and land demonstrations by skill groups, launch and rig boats
10:00AM – 12:00PM	Instruction on the water
12:00 - 12:45PM	Lunch break (off the water)
12:45 - 1:00PM	“Chalk talks” and land demonstrations by skill groups
1:00 - 3:30PM	Instruction on the water
3:30 - 4:00PM	Return to PCYC dock, unrig, stow boats and gear
4:00PM	Check out and Student pick up



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## **Thundering Thursday Evening Sailing**

A small number of Advanced, Intermediate, and Advanced Beginner Students may be invited to participate in evening dinghy races planned for Thursday at 5:00pm. Interested family members and friends are welcome to watch, and directions to a viewing area will be provided upon request.

- Student-racers will have access to PCYF equipment with no race entry or boat charter fees
- Those invited to race should confirm their intent with the Lead Instructor no later than Thursday morning check-in
- Student-racers should report to PCYF by 5:00PM to rig their boats
- Races are scheduled to start at 5:30PM in the turning basin of Channel Islands Harbor
- Dinghy racing follows a 3-minute starting sequence followed by one or more laps around temporary racing buoys
- The last race will finish by 7:00PM
- Immediately after racing, Students, their families, and friends are invited to Anacapa Yacht Club (AYC), 2810 Harbor Blvd, Oxnard, CA 93035, for post race awards
- Each Student-racer will receive 2 coupons for complimentary barbecued hamburgers or hot dogs, chips, and soft drinks. Additional plates may be purchased at AYC

## **Annual Awards Luncheon**

The Summer Sailing Program concludes with either an annual awards luncheon on Sunday afternoon, August 9, 2026, in the PCYC Dining Room, or a weekly Awards ceremony with pizza at 4:00pm in the Grotto.

- Students from all sessions are invited
- Festivities may include photo and video highlights from the summer, awards for all levels, and presentation of Perpetual Awards, maybe bling, maybe bandanas, and ribbons.
- Each registered Student may bring one guest at no charge; additional dinner tickets will be available for purchase
- Further details will be provided during check-in or check-out times.



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### Perpetual Awards

- *Junior Seamanship* is awarded to the Student who has demonstrated the greatest knowledge of the seas, wind patterns, rigging, and boat handling
- *Junior Achievement* is awarded to the Student who has demonstrated the highest achievement in sportsmanship on and off the water
- *Junior Racer* is awarded to the Student aged 13 and under who has demonstrated the highest achievement in racing
- *High Points* is awarded to the Student aged 14-18 who has demonstrated the highest achievement in racing

### Pacific Corinthian Youth Foundation Fundraising

Each year PCYF receives dozens of requests from Students whose families are unable to afford tuition for sailing camp. PCYF relies on grants from the California Division of Boating and Waterways as well as donations from individuals, associations, trusts, and community fundraising efforts to provide scholarships to Students in need.

Please consider making a tax-deductible donation to PCYF, a 501(c)(3) non-profit organization, to provide an opportunity to more youngsters to experience the joy of sailing, build their self-confidence and sportsmanship, and develop water safety awareness and seamanship skills while having fun and learning a lifetime sport. To donate please go to the PCYF website [PCYFsailing.org](http://PCYFsailing.org) and click the Donate button.

Contact us at [pcyfsailing@gmail.com](mailto:pcyfsailing@gmail.com) or (805) 974-0059 to be notified of upcoming fundraising events.

### Behavioral Rules and Guidelines

The Pacific Corinthian Youth Foundation (PCYF) Sailing Program is built around the US Sailing Association's philosophy of "safety, fun, learning." These Behavioral Rules and Guidelines are intended to assure a safe, rewarding, and fun learning environment for all Students. It is important for the Student and Parent/Guardian to review and agree to obey these Rules and Guidelines together before the first class. Consequences for not following them may include time-out, temporary loss of privileges, or suspension from the program. Repeated or severe violations may result in dismissal from the remainder of the session with no refund of tuition fees.



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Students must comply with the following Behavioral Rules and Guidelines. Please review each item with the Student and check the box to confirm the Student's understanding:

1. All Students, parents, guardians, Instructors, and representatives of PCYF must comply with all CDC, state, and local health guidelines in effect at the time of each session.
2. First-time Students must take a short swimming test, consisting of laps in a pool, treading water, and putting on a USCG-approved life jacket while in the water.
3. Shirts, shorts, and closed-toe shoes, sandals, or other foot protection approved by an Instructor shall be worn on the premises at all times.
4. Lifejackets (PFDs) must be worn at all times when the Student is on the dock or in a boat. Swimming attire is acceptable at the pool, on the dock, or in a boat.
5. Students are responsible for their own hydration and sun protection – at a minimum, water bottle, hat, sunscreen, and sunglasses.
6. Students must properly dispose of their own trash and keep their belongings in a neat and orderly fashion.
7. Students will not be allowed to leave until their boats and related equipment have been properly de-rigged and stored.
8. Students must show respect for their peers, Instructors, and others; obey Instructors; and observe Instructor-established boundaries at all times.
9. Running on docks, climbing on boat racks, trailers, docks, or rocks, throwing objects, using offensive or obscene language, or engaging in disruptive behavior is prohibited.
10. Bullying or any verbal/physical abuse or behavior that jeopardizes safety will result in early dismissal for the day and a warning to the Student and Parent/Guardian.
11. All students must comply immediately with staff instructions during any emergency, drill, or signal, including designated assembly points.
12. Use of mobile phones or electronic devices during class activities is allowed only with Instructor permission and must not interfere with safety or attentiveness.
13. Students are prohibited from bringing or using tobacco, alcohol, drugs, or vaping devices on premises or during program activities.
14. All injuries, accidents, or unsafe conditions must be reported immediately to an Instructor or staff member.
15. Students may not leave the program area or event site without prior approval from staff and notification of Parent/Guardian.
16. Students must treat all equipment and boats with care, report any damage immediately, and not use gear without permission.



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17. PCYF maintains a commitment to inclusivity and nondiscrimination regardless of race, gender, disability, or background.
18. PCYF is not responsible for loss or theft of personal belongings brought to the program.

## Visual Media Consent

I give Pacific Corinthian Youth Foundation (PCYF) permission to make photographs, videotapes, films, or other likenesses of my child/legal ward and me. I hereby grant PCYF the unrestricted right to copyright any of the above-mentioned materials containing images of us as well as the unrestricted right to use and reuse them, with their caption information, in whole or in part, in any manner, for any purpose, and in any medium now known or herein after invented, in perpetuity, and in all languages throughout the world. These rights include, but are not limited to, the right to publish, copy, distribute, alter, license, and publicly display these materials for editorial, trade, marketing, and/or advertising purposes. I also grant PCYF and its licensees the unrestricted right to use and disclose our names in connection with the use of the above materials. I understand and agree that we will not be paid for any use described above. I also waive, release, and discharge PCYF, its officers, employees, and/or agents from any and all claims arising out of the connection with any use of the materials, caption information, and images described above, including any and all claims for libel, defamation, and/or invasion of privacy or unwanted publicity. I understand that the images may include my child in group settings and activities and that individual identification may not always be possible. I certify that I am the parent or legal guardian of the minor participant named above and have the authority to grant this consent on their behalf.

## Liability Waiver

Safety is always the first priority in the PCYF Sailing Program. To minimize the chance of injury, PCYF personnel check the boats, docks, and training area daily for hazards and eliminate such hazards by repairing and/or reporting to the appropriate person or agency. Sailing is a physical, water-based activity with inherent risks, which will be pointed out to Students during the Program and through adherence to the Behavioral Rules and Guidelines (below). Stubbed toes, bumps, bruises, splinters, and more serious injuries, including possible death, may occur from tripping or falling on the docks or in the training facility, improper use of boats, rough-housing, running on the docks, or other causes. On behalf of myself and the Student, I agree to make no claims against the County of Ventura, including all departments, agencies, and employees associated with the County of Ventura, or against Pacific Corinthian Youth Foundation (PCYF) or any of its officers, directors, members, agents, employees, or associated yacht clubs, including, but not limited to, Pacific Corinthian Yacht Club (PCYC), for any loss of, or damage or injury to any person or persons, including the Student, or property, and to protect and indemnify PCYF and its officers, directors, members, agents, employees, or associated yacht clubs, including, but not limited to, PCYC, against liability for any loss, damage, or injury caused or incurred by the Student. On behalf of myself and the Student, I understand and voluntarily assume all risks related to participation. In the event of illness or injury occurring to the Student while participating in the PCYF Sailing Program, I hereby authorize the Pacific Corinthian Youth Foundation (PCYF), its agents, employees, or representatives, to secure medical care and treatment for the Student as deemed necessary in their discretion. I further agree to assume all responsibility for and to pay any and all costs associated with such medical care, including but not limited to ambulance transport, hospitalization, physician services, and prescribed medications. I acknowledge that a reasonable effort will be made to contact me prior to initiating such care, if circumstances allow. This agreement and any dispute arising out of or relating to this waiver shall be governed by and construed in accordance with the laws of the State of California. The parties agree that any legal action or proceeding arising out of or relating to this agreement shall be brought exclusively in



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the courts located in Ventura County, California, and the parties hereby consent to the jurisdiction and venue of such courts.